

Bulletin

The Official Publication of the Washington Building Congress | **Feb./Mar. 2011**

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Wellness in the Workplace p. 11

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Washington Building Congress is a nonprofit association made up of professionals from a variety of disciplines, all with an active interest or involvement in the Washington Metropolitan Area's real estate, design, and construction community. The organization was established in 1937 to represent the collective interests of its members by providing education and networking opportunities and by promoting the advancement of the building industry. For additional information about membership, joining a committee or the WBC Bulletin, call (202) 293-5922 or visit us on the web at www.wbcnet.org.

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Chairman's Letter

Dear Members and Colleagues:



The Washington Building Congress is on the move. Participation and involvement are at record levels and we achieved a remarkable 88 percent member retention rate this year. To date we also have 24 new company members and 95 new additional reps, propelling us to an impressive 1,040 total members! The Membership Services Committee, led by Chair Scott Mucci (Forrester Construction Company), Vice-Chair Brett Snyder (P&P Contractors), and Board liaison Karen Roberts (Forrester Construction Company), deserves special recognition for their outstanding accomplishments.

Since the beginning of 2011 we have held the Craftsmanship Judging Day, Winter Networking, Star Awards Judging, 3-D

Laser Scanning-BIM seminar, two Hammerheads events, Hall of Fame video session and the Regional Developers Panel program. Coming up this month is the 6th annual St. Patrick's Membership Party on March 15 and the 55th annual Craftsmanship Awards Banquet on March 25. WBC participation and support are going strong and the association is well positioned for another exceedingly successful year.

I would like to thank the Community Services Committee and all of the WBC member firms who participated in the 2nd annual "Members Giving Back" January edition of the *Bulletin*. What a great story we have to tell. The committee's next big project will be the April 30 Rebuilding Together Workday in Fairfax County. This year's team, lead by House Captain Jeff Davidson, will be reaching out to the membership asking for necessary donations of labor, materials and cash. Thanks again to the Community Services Committee, Chair Tim Bakos (Perkins+Will) and Vice-Chair Jeff Davidson (Professional Service Industries-PSI), and Board liaison Mike Leavitt (John Moriarty & Associates), for a job well done.

The Program & Education Committee held a successful 3D Laser Scanning-BIM seminar in February and followed up this month with the Regional Developer's Insights and Observations panel. The March 10 evening program featured presentations from Boston Properties, Douglas Development, Foulger-Pratt Development, Hines and The JBG Companies. Thank you to our excellent panelists and to the numerous sponsors of this high profile WBC event. The Program and Education Committee, Chair Mike Miskelly, Vice-Chair Kevin Coyne (Exponent) and Board liaison Joe Schall (Pepco), continues to set new standards for this important group.

The annual WBC Craftsmanship Awards Banquet, "Celebrating Quality Craftsmanship", is scheduled for Friday, March 25. This year we will be individually recognizing over 400 worthy craftsmen for their important contributions to our industry. We received 278 entries this year, of which 78 received Craftsmanship Awards. Out of these 78 winners, the ten "best of the best" entries were nominated for Star Awards. Three Star Award winners will be announced at the end of the awards banquet later this month. We will also be inducting four new members into the Craftsmanship Hall of Fame. Please join us for the 2011 Craftsmanship Awards banquet on March 25 at the Marriott Wardman Park Hotel.

I would like to conclude with a special thank you to the Craftsmanship Awards Committee, Chair Allen Slaughter (Dynalectric Company), Vice-Chair Jim Coleman (Watt, Tieder, Hoffar & Fitzgerald), and Board liaison Lynne Coville (Boston Properties). We sincerely appreciate your invaluable support of this marquee industry event.

The WBC website is also on the move. The Marketing and Communications Committee, headed by Katie Garrett (David M. Schwarz Architects) and Louise Boulton Lear (James G. Davis Construction Corporation) and with a big assist from technical guru Evan Thomas (GHT Limited), presented to the Board for approval a comprehensive proposal for the website upgrade. Pending contract review, the Board has unanimously approved the M&C Committee plan and we will be moving forward on a fast track for the remainder of the year with the goal of having the new site up and running on or before September 30, 2011.

I look forward to seeing you at an upcoming WBC program or event. Thank you for your active participation and ongoing support of our great association!

Best regards,

Chuck Asmar

WBC Chairman of the Board

Industry Report

The Ranger Group, Trusted Solutions Group and Balfour Beatty Construction Partner for the 2011 Winterhaven Homeless Stand Down in Washington, DC

The Ranger Group, Trusted Solutions Group and Balfour Beatty Construction (Ranger | TSG | Balfour Beatty) have teamed to participate in the Department of Veterans Affairs' 2011 Winterhaven Homeless Stand Down on January 22. The Winterhaven Homeless Stand Down event is held one day each year by the DC Veterans Affairs Medical Center (DCVAMC) to help the DC-area homeless. Organizing Stand Downs across the nation to help break the cycle of homelessness, the Department of Veterans Affairs identifies intervention as its main mission for the events.

On January 22, local homeless received free medical screens, check-ups, doctor consultations and evaluations for winter clothing needs, and a hot meal. DCVAMC distributes donated coats, scarves, hats, gloves, sweaters, ski pants, boots, socks and other warm winter clothing. For the past two years The Ranger Group and Balfour Beatty Construction have teamed to provide and serve the hot meal at Winterhaven. The partnership brought in 26 volunteers to prepare and serve a hot meal for more than 800 homeless in 2010 and for 300 homeless and 500 volunteers in 2009. This year Trusted Solutions Group will join the partnership and together Ranger | TSG | Balfour Beatty provided both the hot meal and the volunteers needed to serve the projected 1,000 homeless who came through DCVAMC's doors.

In an effort to further help the DCVAMC, Ranger | TSG | Balfour Beatty has organized a winter coat drive. Ranger | TSG | Balfour Beatty has already collected 100 coats and is hoping to collect hundreds more for the DCVAMC. All are welcome and encouraged to take part in helping the homeless by donating a winter coat to Ranger | TSG | Balfour Beatty's winter coat drive. All donations must either be new, or clean and very gently used and will go to DCVAMC for the Winterhaven Homeless Stand Down. Contact

Haley Smith at hsmith@balfourbeattyus.com to coordinate your donation.

Goodman & Company, LLP Promotes Three in Tysons Office, Two in Rockville Office

Goodman & Company, LLP, a WBC member and one of the region's largest certified public accounting firms, has announced the following promotions in its Tysons Corner office. **Laruen Filogamo** has been promoted to supervisor. A graduate of Indiana University with a Bachelor's degree in Accounting and Finance, she worked as a finance intern and was also Student Chairperson for the St. Paul Finance Committee in Bloomington, IN before joining Goodman & Company. **Joanna Fox** is also a supervisor. She earned both a Bachelor of Science and a Master of Science degree in Accounting from Virginia Tech and spent three years as a Senior Auditor for a Big Four accounting firm. At Goodman & Company, she will specialize in Auditing for Real Estate Development companies. She is a member of the American Institute of Certified Public Accountants and the Virginia Society of Certified Public Accountants. **Erika Szatmari** is now a senior associate. A 2007 graduate of Marymount University, she holds a Bachelor's degree in Business Administration with a concentration in Accounting. Before joining the firm, she worked as a junior controller for a small IT solutions company in Fairfax, VA.

Goodman & Company announced the following promotions in its Rockville office. **Ryan Barnoski**, CPA, has been promoted to supervisor. A graduate of Virginia Tech with a Bachelor of Science degree in Accounting, he served as an Accounting intern for Harkins Builders in Maryland before joining Goodman & Company. **Timothy Oliver** has been promoted to senior associate. Also a graduate of Virginia Tech, he holds a Bachelor of Science degree in Accounting and has been with the firm since 2008.

Goodman & Company Adds Government Contracting Senior Manager

Goodman & Company, LLP also added **Diane Allgyer-Moore**, MBA, CPA, as a senior manager in its Tysons Corner Government Contracting Consulting Group.

A graduate of Christian Brothers University, with a Bachelor of Science degree in Accounting, she also holds a Masters of Business Administration from Virginia Tech. She has more than 20 years of financial and contract management experience, including terms as a Senior Manager for Price Waterhouse Coopers, Chief Financial Officer for Potomac Hudson Engineering and most recently, member and President of CAMEO Professional Support Services. Allgyer-Moore has earned a Federal Financial Management certification and is designated as a Deltek GCS Implementation and Training expert. She is also a member of the American Association of Certified Public Accountants.

Southland Industries Names New Company President and Future CEO

Southland Industries named **Ted Lynch**, an 18-year veteran of the WBC member firm, to serve as the new president of the Design – Build – Maintain mechanical engineering company, effective immediately. Within the next two years, Lynch will take over the reins as chief executive officer (CEO) of Southland.

Lynch assumes the role of president from current President and CEO Andy Fimiano, who has been Southland's president and CEO since 2001. Fimiano said the interim two-year period is by design, to provide for a seamless leadership transition that allows him and Lynch to work closely together to move the company forward.

Lynch began as an intern with Southland in 1993 while completing his Ph.D. requirements in Architectural Engineering at Penn State. He has served in numerous positions within the firm over the years, serving most

recently as Regional President of the Southwest and Mid-Atlantic Divisions. During his tenure, Lynch led a struggling Mid-Atlantic Division into the success it is today.

For Southland, a new CEO not only means a new person at the helm, but also a new perspective and a continued bright future for the company. The leadership succession process began five years ago in order to facilitate a gradual change that did not compromise the company's financial and operational integrity.

Skanska USA Taps Macks as Healthcare Account Manager



Jennifer Macks

WBC member Skanska USA's building business unit, which is a leading provider of construction management, preconstruction, and design-build services, has hired

Jennifer Macks as vice president and new healthcare account manager for its Rockville office, which serves clients in the Greater Washington, DC, Baltimore and Northern Virginia areas.

In her new role at Skanska, Macks will utilize her more than 16 years of experience in construction and in the planning and administration of healthcare projects to create new business opportunities in and around the greater DC metro area. She will also be responsible for overseeing all Skanska healthcare construction projects in the region.

As a leader in both healthcare construction and sustainable building practices, Skanska is considered one of the most green-focused healthcare builders in the country. The firm built the nation's first LEED Gold Certified hospital – Providence Newberg Medical Center in Newberg, Oregon and recently completed the fourth – Shands Cancer Hospital in Gainesville, FL. Skanska has roughly \$1 billion in healthcare projects currently under construction in the U.S.

Macks' construction experience has included working on a variety of healthcare projects, including replacement hospitals, bed towers, surgical suites, radiology, cardiology, children's programs and emergency departments. Her projects have been both new construction and renovations on busy, logistically challenging sites.

Prior to joining Skanska, Macks worked as the project director for the Barton Malow Company where she oversaw local major healthcare and design-build projects, including preconstruction services to improve the Inova Fairfax Hospital in Virginia, a multi-phase expansion and renovation project at the University of Maryland's General Hospital in Baltimore and the historical renovation of the US Naval Academy King Hall Galley.

Macks is a licensed professional engineer, a LEED Accredited Professional and is a member of the American Society of Civil Engineers and the Greater Washington Board of Trade. She is also the president of the University of Michigan Civil Engineering Friends and Alumni Association. Macks received her Bachelor of Science in Civil and Environment Engineering from the University of Michigan and earned her Masters of Business Administration (MBA) from Wayne State University in Michigan.

Promotions at HKS

HKS, Inc., a top-five architectural firm and WBC member, recently promoted **Laura Hild**, AAHID, CID, IIDA, LEED AP, to vice president and **Jennifer Wagner**, CID, to vice president.



Laura Hild



Jennifer Wagner

Councilor, Buchanan & Mitchell, P.C. Seniors Pass CPA and CFE Exams

WBC member Councilor, Buchanan & Mitchell, P.C. is proud to announce that **Aleksandar (Sasha) Rakovic**, **Michael Soule**, MSA, and **Scott Tompkins**, MBA have passed the CPA exam.

Rakovic is a senior auditor in charge. His accounting experience includes audits, reviews, tax preparation, and research and planning services. He is involved in several industry concentrations including real estate, automotive dealerships, and not-for-profit organizations. He earned a Bachelor of Arts degree in Accounting from California State University, Fullerton. Soule is a senior auditor. His accounting experience includes audits, reviews, tax preparation, and research and planning services. He is involved in several industry concentrations including not-for-profit organizations, real estate, and automotive dealerships. He earned a Bachelor of Science in Accounting and a Masters of Science in Accounting from James Madison University.

Tompkins is a senior auditor. His accounting experience includes audits, reviews, tax preparation, and research and planning services. He is involved in several industry concentrations including real estate, construction, automotive dealerships, and not-for-profit organizations. Additionally, Tompkins serves on CBM's Construction Committee. He earned a Bachelor of Science degree in Accounting from the University of Connecticut and a Master of Business Administration degree from George Mason University.

In addition, CBM is proud to announce that Russell C. Conelley, CPA, has passed the Certified Fraud Examiner (CFE) exam. Conelley is a senior auditor. His accounting experience includes audits, tax preparation, and research and planning services. He is involved in several industry concentrations including not-for-profit organizations, real estate, and automotive dealerships. He earned a Bachelor of Science degree in Accounting degree from the University of Maryland University College. He

Industry Report

is a member of Maryland Association of CPAs, Greater Washington Society of CPAs, American Institute of Certified Public Accountants, and the Association of Certified Fraud Examiners.

Morris Promoted to Senior Vice President; Simmons to Senior Auditor

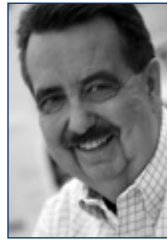
Councilor, Buchanan & Mitchell, P.C. (CBM) is proud to announce that **Richard E. Morris**, CPA, MST, has been promoted to senior vice president and named to the Board of Directors of Councilor, Buchanan & Mitchell, P.C. effective January 1, 2011. Morris is the Director of Tax Services at CBM. He has more than 20 years of public accounting experience, working with closely held businesses, their owners and executives. He also has extensive involvement in estate, trust, corporate, individual and partnership taxation and planning, including compensation, retirement planning and succession issues. Morris's public accounting experience includes corporate structuring, transaction planning and analysis. He works very closely with clients who have unusual or complex tax issues that go beyond general tax compliance. He also has substantial involvement in not-for-profit tax and accounting issues including public and private foundations and unrelated business income tax issues.

Richard earned a Bachelor of Arts degree in Accounting from Catholic University of America and a Masters in Taxation degree from George Washington University. He is Treasurer and a member of the Executive Committee of the Board of Trustees for Sibley Memorial Hospital, Washington, D.C.

CBM is proud to announce that Kurt A. Simmons, MBA has been promoted to senior auditor. Simmons' accounting experience includes audits, reviews, tax preparation, and research and planning services. He is involved in several industry concentrations including not-for-profit organizations, construction, and automotive dealerships. He earned a Bachelor of Science degree in Accounting and a Masters

of Science in Business Administration from Mount St. Mary's University.

C.R. George Dove of WDG Architecture Receives AIA|DC Centennial Medal



George Dove

WBC member, WDG Architecture is pleased to announce that **C. R. George Dove**, FAIA, is the 2010 recipient of the Centennial Award from the Washington Chapter of the

American Institute of Architects (DC/AIA). The recognition is for lifetime achievement and is the highest honor the chapter can bestow. In the citation, Dove is recognized for his significant contributions to both the design profession and the larger Washington community.

As a managing principal of the firm, Dove's leadership has guided the firm's transition into one of the area's most active design practices with a regional, national and international presence. His noted contributions to the profession include: president of the Washington Chapter AIA; regional director and member of the American Institute of Architects (AIA) National Board; founding board member and president of the Washington Architectural Foundation (WAF); and president of the WBC. Dove's leadership also includes participation as juror for design award programs, most recently as a juror for the 2011 AIA Institute Honor Awards for Regional and Urban Design. He also has served on numerous committees and task forces, often as chair. He was elected to the AIA College of Fellows in 2000.

Currently, Dove serves on the Development Committee for DC/AIA's new District Architecture Center, and on Catholic University of America's School of Architecture (CUArch) Development Board, where he is chair emeritus. He is currently teaching undergraduate design studios at CUArch. University honors have included the 2002 Outstanding Alumnus in Architecture Award, and the

2010 Joseph A. Miller Alumni Medalion. Dove has also served on Washington-area review and oversight boards, and currently serves on Arlington's Columbia Pike Form Based Code Review Committee. He is a member of Lambda Alpha Honorary Real Estate Fraternity and The Economic Club of Washington.

In awarding the Centennial Medal, the jury cited Dove's leadership, continuing commitment to the future of AIA|DC, and his recent role in the planning and fundraising for the new District Architecture Center.

Dove joined WDG Architecture in 1971 and was named principal in 1978. His portfolio as principal-in-charge includes many of the region's major building projects. Among them are office towers, multifamily residential buildings, hotels, and most notably mixed-use developments. Currently, he is leading design teams for several major urban design and planning projects around the new Tysons Corner Metro stations. Notable examples of his recent projects include: Rockville Town Square, Arlington Gateway, and several buildings at National Harbor.

Dove holds a Bachelor of Architecture from the Pennsylvania State University, and a Master of Architecture in Urban Design from The Catholic University of America. He also attended the Architectural Association in London, England.

The Centennial Award was established in 1988 to mark the Washington, DC, chapter's 100th anniversary.

HITT Contracting Promotes 16 Employees

HITT Contracting Inc. has promoted 16 employees to the titles of Vice President, Senior Project Manager, and Project Manager.

Adam Stewart

joined HITT Contracting in 2005 and has 20 years of experience in the commercial construction industry. In his new role as vice presi-



Adam Stewart

dent, Stewart will work directly with HITT ownership to provide executive leadership for the company's future business direction. Stewart will continue to provide overall guidance and supervision to HITT's Corporate Interiors project teams. As HITT's largest market sector, Corporate Interiors provides dedicated teams focused on delivering commercial spaces ranging in size from a single office renovation to complete tenant / owner build-outs.



Peter Bizic

In his 20 years of experience in the commercial construction industry, **Peter Bizic** has managed more than \$175 Million in health-care and institutional construction

projects, including patient care facilities, operating suites, and specialty medical care facilities. Bizic is currently responsible for more than \$70 Million of work in progress on one campus. In his new role as senior project manager for HITT's Healthcare market sector, Bizic will lead a 25-person team, where he will serve as the client liaison for the team, oversee the performance of project management and field staff on select healthcare projects, and work with the division vice president to grow and manage healthcare construction operations for HITT. Bizic has earned the Certified Healthcare Constructor (CHC) status from the American Society for Healthcare Engineering (ASHE).



Adam Stewart

2006, he has successfully managed over 1.4 Million square feet of commercial office space. As senior project manager, Denisar will lead and mentor a team of project managers while acting as the

Brian Denisar has been in the construction industry in the Washington, DC metropolitan area for the past ten years. Since Denisar joined HITT Contracting in

prime client contact and liaison. Denisar will continue to conduct constructability reviews, develop budgets and schedules, and oversee project deliveries with unparalleled quality and safety standards. Denisar is a graduate of Mount St. Mary College in Newburgh, New York and is a member of Associated Builders and Contractors (ABC), and WBC.



Roxanne Sale

Roxanne Sale began her career in the construction industry in 1998 as a founding member of HITT's Law Firms market sector. Her work has concentrated on interior construction for law

firms, focusing on quality, cost control, schedule management, and project tracking. Sale is actively involved with the Law Firm Vendors Association, Association of Legal Administrators (ALA), International Facility Management Association (IFMA), and Commercial Real Estate Women, and has recently completed articles published by ALA and IMFA. Sale also serves as an instructor in the HITT Institute, utilizing her expertise to administer training sessions for HITT employees. In her new role as senior project manager, Sale will work to foster client relationships and manage larger construction projects while teaching new team members "The HITT Way."



Jeremiah Watts

over 900,000 square feet of interior office space, including headquarters spaces for some of the Washington, DC area's leading firms and five LEED® Certified projects. As senior project manager for HITT's Corporate Interiors market sector, Watts will be a Team Leader, acting as the prime client contact and

Jeremiah Watts began his career at HITT nine years ago, working in the field before transitioning to project management. Since 2003, Watts has successfully managed the construction of

liaison for construction projects and participating in preconstruction review, budget and schedule development, and quality assurance. Watts is a graduate of Brown University, and is a member of ABC, IFMA, National Association of Industrial and Office Properties, and WBC.

Evan Antonides, Erin Frye, Jason Hair, Matt Hajec, John Hightower, Chris Hogeboom, Mitch Kaas, Amanda Logsdon, Eric Masciantonio, Jeff Paradise, Brian Robinson were prompted to project manager.

Potomac Valley Brick Wins USGBC-MD Award for Sustainable Design Competition

WBC member Potomac Valley Brick was recently recognized as a Market Transformation Leader with a Wintergreen Award for Excellence in Green Building for its creation of the BrickStainable Design Competition. The Maryland Chapter of U.S. Green Building Council (USGBC-MD) honored the award winners at a ceremony at the Thames Street Wharf in Baltimore.

Nearly 500 people from the architecture, engineering and construction industries attended the 6th Annual Awards Celebration, which was headlined by keynote speaker, Scott Plank, Executive Vice President of Under Armour.

BrickStainable received entries from over 60 countries this year. Held in pursuit of design solutions that exploit the unique properties of clay masonry construction, the Competition seeks new ideas in the development of this age old building material. BrickStainable submissions were divided into two categories: Integrated Building Design which seeks integrative design solutions that exploit the thermal qualities of masonry construction in an urban building, and Technical Design which calls for entrants to design a single application utilizing brick to enhance its sustainable properties.

Potomac Valley Brick will award a \$10,000 grand prize and \$7,500 grand prize in the Integrated Building Design

Industry Report



Members of Potomac Valley Brick's "Green Team" celebrated their USGBC-MD Excellence in Green Building award.



Vivian Loftness, Bill Browning, Anna Dyson and Martin Vachon review entries for the 2nd Annual BrickStainable Design Competition.

and Technical Design categories respectively at the BrickStainable Awards event in Washington, DC on March 31, 2011. Up to three honorable mention winners in each category will be awarded \$2,000 per team. The Awards Ceremony will be held at the National Building Museum and ticket information is available at www.BrickStainable.com.

And the BrickStainable Winners Are...

Potomac Valley Brick will award a \$10,000 grand prize in the Integrated Building Design Category to Jamillah Muhammad and her team at Perkowitz & Ruth in Virginia (USA). And a It will also award a \$7,500 grand prize

in the Technical Design category to Kelly Winn and his team at the Center for Architecture Science and Ecology (CASE) in New York (USA).

The teams will be honored at the BrickStainable Awards Ceremony in Washington, DC on March 31st. Muhammad's winning team includes Ronald Moore, Dindo Mabana, Tou Boran Pek, Kathleen Stover and Boryana Fileva. Winn worked with Associate Professor Jason Vollen and other members at CASE.

The Integrated Building Design category sought solutions that exploit the thermal qualities of masonry construction in an urban building. Muhammad describes her entry, Net Zero in Baltimore, as "sited to maintain the urban fabric of the streets and sidewalks to the North and East, maintaining pedestrian connections to the boardwalk and water taxi to the Northwest. The hardscape is made from recycled brick and is 100% permeable, with pathways that display some of the indigenous bio-fuels that Mass Energy is developing."

The Technical Design category called for entrants to design a single application utilizing brick to enhance its sustainable properties. Winn notes his entry, EcoC-ceramic Masonry System, "uses composite fibers and resins as an integral tensile layer replacing steel and mortar, increasing tensile strength and flexural ability."

There were three honorable mention winners in the Integrated Building Design category:

- Heather Midori Santos and Jillian Christina Schroettinger, students at Cal Poly Pomona in California (USA) for MassEnergy Science Center
- Shane Valentine, a student at University of Texas San Antonio, Texas (USA) for Cultivating Energy
- Robert Kane, a student in San Casciano (Italy) for BRICK BRICK BRICK BRICK

There were two honorable mentions in the Technical Design category:

- Kelly Winn, Jason Vollen and Ted Ngai, of CASE New York (USA) for Climate Camouflage

- Rizal Muslimin, a student at Massachusetts Institute of Technology in Massachusetts (USA) for BrickBead

Each honorable mention will be awarded \$2,000 per entry.

BrickStainable received entries from over 60 countries this year. Held in pursuit of design solutions that exploit the unique properties of clay masonry construction, the Competition seeks new ideas in the development of this age old building material.

Specialized Engineering Adds to its Engineering Team

It is with great pleasure that Specialized Engineering announced the addition of **Robert A. Johanson, P.E.** to the WBC member's professional staff at our branch office in greater Baltimore, MD and **Lauren A. Argenta** to the business development team of Specialized Engineering at the headquarters located in Frederick, MD. Johanson is responsible for supporting the company's growing engineering needs for public and private industry projects.

Established in 1992, Specialized Engineering provides engineering consulting services in Construction Materials Testing and Inspection, Geotechnical and Forensic Engineering, and Environmental Consulting. Now in its 19th year of service, Specialized Engineering is considered one of the mid-Atlantic's leading consulting engineering firms which offers clients the stability and integrity necessary to successfully complete the most complex and simplistic of projects.

Johanson brings with him over 25 years of engineering experience in the mid-Atlantic A/E/C Industry. He has been involved in countless projects over the years; of which are some of the most notable projects in the region, including the BWI Central Parking Facility, Johns Hopkins Cancer Center, Redskins NFL Football Stadium (aka FedEx Field), Boulevard at the Capital Centre, Cal Ripken Sr. Baseball Stadium, Konterra Business

Park, Doctors Community Hospital Expansion, St. Agnes Hospital Campus Revitalization, University View Student Housing, Maryland Science & Technology Park, and UMMS Lombard Street Medical Building.

As an active participant at community and industry functions, Argenta is responsible for supporting the company's growing needs in marketing for public and private industry. Argenta is a graduate of University of Maryland, College Park with a B.A. in Communication along with a two-year Scholars Certificate from the Robert H. Smith School of Business in the field of Business, Society, and the Economy.

SIGAL Construction Promotes Five

SIGAL Construction Corporation has also elevated five members of its construction management teams.



Bryan Stolz

Bryan Stolz, LEED AP, promoted to **Project Manager.** Stolz joined SIGAL in 2008 and has served in the capacity of assistant project manager and LEED Coordinator

on numerous award-winning projects. These have included 1331 L Street, NW, Wilson Aquatic Center, Savoy Elementary School, and various assignments for The MITRE Corporation. Stolz received a BA in Real Estate and Construction Management from the University of Denver.



Andrew Patching

Andrew Patching promoted to **Project Manager.** Patching joined SIGAL in 2008 and has served as assistant project manager on several notable projects, including the

multiple award-winning renovation for The Jefferson Hotel. He is currently

working on the addition and renovation project for Stenwood Elementary School slated for completion in August 2011. Patching holds a Bachelor of Technology, Civil Engineering from the University of Southern Queensland, Australia.



John Sellers

John Sellers promoted to **Senior Superintendent.**

With more than 20 years of experience, Sellers joined SIGAL as superintendent overseeing project field operations for

various complex base buildings. Some of his career highlights include Mortgage Bankers Association at 1331 L Street, NW, The Bowen Building, Metro Center, and MPD at Bowen Elementary School. Sellers is currently working on the Blair East renovation project for The Tower Companies.



Adam Stewart

Wallace "Tyrone" Cager promoted to **Superintendent.**

Cager joined SIGAL as assistant superintendent and helped coordinate project field operations for

several notable assignments, including renovation of two F Street townhouses and construction of a new hall for The George Washington University. Cager was also involved in the build-out of SIGAL's own headquarters in Crystal City, which at the time, was the first LEED CI space in all of Arlington County, VA.



Jerry Gibson

Jerry Gibson promoted to **Safety Director.** Since

joining SIGAL in 2008, Gibson has served in the capacity as safety officer, as well as, quality control officer for numerous

projects ranging from base buildings to interior build-outs. Specifically,

Industry Report

GRUNLEY

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Gibson was involved in overseeing safety and OSHA compliance during day-to-day operations on one of SIGAL's more recent complex projects—the expansion of two, fully operational garages at Ronald Reagan National Airport which was delivered 2-1/2 months ahead of schedule.

Barbour Group's President Appointed Co-Chair of the Governor's Commission on Small Business

The Barbour Group, a WBC member and Maryland-based surety brokerage known for its passionate approach to helping small businesses find bonding solutions, announced that President **Karen Barbour** has been selected to the position of co-chair on Maryland's Governor's Commission on Small Business. The Governor's Commission on Small Business is a 26-member Commission, made up of leaders of Maryland based small businesses, the Senate President and the Speaker of the House, the Secretary of Business and Economic Development, the Secretary of Housing and Community Development, the Secretary of Labor, Licensing and Regulation, the Secretary of General Services and the Secretary of the Governor's Office of Minority Affairs.

Originally created by Governor O'Malley in 2010, the objective and goal of the Commission is to engage with communities across the State to hear what entrepreneurs are facing and address the barriers that are impacting their business growth.

Since Barbour founded The Barbour Group in 2002, it has seen consecutive annual sales growth of more than 45%. To date, Barbour has led the company to achieve success in providing surety bonds for the construction industry in more than 30 states and four international countries. Barbour has made a conscious effort of going above and beyond for her clientele including, being active in construction trade associations to help address business issues impact-

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ing the contracting industry. She has served as vice chair of the board of the Minority Building Industry Association and on the boards of the American Subcontractors Association of Baltimore and the WBC.

A champion for small businesses, Barbour is active in public policy and promotes legislation that improves the business climate for contractors and other small businesses operating in the Mid-Atlantic region and beyond. She has initiated, authored and driven landmark legislation in Maryland and on Capitol Hill to develop an amendment to The American Recovery and Reinvestment Act to improve the Small Business Administration's ability to provide contractor bond guarantees. This legislation has enabled small business, woman-owned, veteran-owned and minority firms more success in capturing bonding capacity. The Barbour Group is a three-time recipient of Maryland's TOP 100 Minority Business Enterprise award and recently received the distinguished Women's Business Enterprise National Council Certification for Women Business Enterprises, becoming the only surety bond focused agency in the Mid-Atlantic region to be recognized with this gold standard and identified as the agency of choice.

SIGAL Construction Promotes Gene Rife to Senior Vice President



Gene Rife

WBC member SIGAL Construction Corporation has elevated **Gene Rife** to senior vice president. Rife has been with SIGAL for more than 27 years starting as a superintendent. In 1995, he was named general superintendent responsible for coordinating and overseeing all field operations, including staffing and site logistics. In this role, Rife has also participated in corporate operations, strategic planning, and preconstruction

including development of critical site staging/traffic plans for complex base building projects, including as necessary, communication with surrounding neighborhoods, communities, businesses, and local authorities to ensure safety of traffic, pedestrians, and project teams. Today, SIGAL's field operations team comprises the full complement from senior superintendents to assistants, many of whom have averaged at least ten years with the company and were directly trained by Rife.

Career highlights for Gene include many award-winning projects such as the Wilson Aquatic Center for DC OPEFM and The Jefferson Hotel for Ogden Cap Properties. Other notable projects include 1331 L Street, NW (purchased in 2010 by CoStar), One Metro Center, Kettler Capitals Iceplex, the Tower Building at Tower Oaks, Bond Building, and others. Rife attended Mergenthaler Vocational Technical School in Baltimore, MD.

SK&A Announces Two New Principals

WBC member The SK&A Group announced the promotions of **Walid Choueiri**, PE, SE and **Hakan Onel**, PE, SE to the position of Principal.




Walid Choueiri

Choueiri has served as an Associate and Structural Project Manager since joining SK&A in 2000. He has designed and managed a variety of significant mixed-use projects including the successful City Vista Residential project and the multi-phase L'Enfant Plaza Revitalization. Choueiri has demonstrated his leadership and collaborative skills by expanding SK&A's presence in the Federal Design-Build sector, taking the lead on many teaming efforts, and is currently managing the NAVFAC LMACC and the Armed Forces

Retirement Home contracts. Choueiri earned his Master of Science degree in Civil Engineering from George Washington University and his Bachelor of Engineering degree in Civil Engineering from the American University of Beirut.



Hakan Onel

Onel has served as an Associate and Senior Project Manager after joining SK&A in 2001. Most recently, he has demonstrated strong creative and technical skills on such notable projects as Constitution Center and 300 New Jersey Avenue, recently recognized as the 2010 National Outstanding Project of the Year by NCSEA. Onel has a strong interest and proficiency in dynamic analysis and seismic engineering and has been instrumental in increasing SK&A's acquisition of GSA-related projects to provide seismic evaluations of existing buildings, as well as progressive collapse and blast-resistant design services. He has also expanded SK&A's presence in the International market with recent projects in Saudi Arabia and Afghanistan. Onel received his Master of Science degree in Structural Engineering from Stanford University and his Bachelor of Science degree from Bosphorus University in Istanbul, Turkey. 

On the Move

The Justin Company has moved its offices effective December 2010 to 7820-B Eastern Avenue, NW, Washington, DC 20012-1303.

SAVE THE DATE!



The WBC Golf Outing

Monday, June 13, 2011

Lansdowne & Belmont Golf Clubs

We have once again secured three premier courses for the 74th annual WBC Golf Outing. Courses will include Lansdowne Jones, Lansdowne Norman and Belmont. Please mark your calendars now and be sure to join us for the unsurpassed industry golf event!

The 2011 Golf Sponsorship form will be released later this month. Keep in mind that all sponsors confirmed by April 22 will receive course selection preference. Player registration forms will be released to the general membership on April 25.

If you have any questions, please contact Steve Kenton or Rita Reis at (202) 293-5922. Thank you in advance for supporting the 74th annual WBC Golf Outing.

www.wbcnet.org

Wellness in the Workplace

by Michelle Honey, FAIA

Businesses in the U.S. are struggling to keep costs affordable for health care, and more and more companies are turning to wellness programs to help out. Programs focus on educating workforces about healthy lifestyles, as well as offering opportunities to practice achieving those lifestyles. Firms can have the health of the workforce assessed, as well as have a plan developed and administered.

Creating a wellness plan—by offering options that are best for your particular workforce, specifically tailored to their needs and wellness goals—will help motivate good health, encourage sustained behavior, promote participation and have a positive affect on medical insurance claims.

This trend—according to McGraw Hill’s Constructor (September/October) publication -- is “steadily becoming a mainstream business strategy.” Information about this trend can be found through the WELCOA (Wellness Council of America), a non-profit organization providing education, assistance and guidance to firms interested in learning more about implementing wellness programs.

Each year, WELCOA makes available a variety of resources — case studies, incentive campaigns, expert interviews, and white papers. A variety of useful information can be found to assist you in your quest to build a results-oriented wellness program.

A case study of HESS Construction + Engineering Services’ Wellness Program follows.

BACKGROUND

HESS Construction + Engineering Services, a 32- year old construction management company serves the education client—K-12, higher education, Federal education and community facilities in the mid-Atlantic region. HESS manages the planning, design, building, and improvements of innovative learning institutions and has a reputation for excellence. In achieving excellence, HESS promotes a wellness culture for its associates. To support that culture, HESS sponsors an annual Wellness Fair, the “main event” of HESS’ comprehensive Wellness Program. The program provides a variety of activities, including the Wellness Fair, Health Screenings, Flu Shots, Educational Seminars, Associate Activities like the Biggest Loser and Walk across America programs focused on improving the wellness of HESS associates. The program rewards associates for participating in wellness activities and is fun! It also

A nurse gives a blood pressure test to a Hess associate at the annual Wellness Fair.



includes participating in community service events—like the Washington, D.C. Public Schools’ Beautification Day.

WELLNESS FAIR

Fall at HESS brings the Wellness Fair—a brigade of nurses, cooks, consultants, masseuses, trainers ready to explain, poke, and demonstrate the benefits of their trade or the opportunities of their profession, for over 100 HESS associates. Aflac and Carefirst representatives discuss their programs and benefits, nurses screen blood pressure and give Flu shots, trainers count the push ups both men and women muster and a group of rock climbing experts set up a 25-foot-high tower for an on-the-spot rock climbing competition! Healthy lunches and door prizes spice the day for all who participate.

THE BIGGEST LOSER

Replicating the theme of the television show by the same name, HESS’ ‘Biggest Loser’ competition encourages associates to diet and exercise. Professional trainers provide advice for diet and ways to exercise, as associates weigh in to support their team and enhance their personal wellness goals. Both field and corporate office associates shed pounds to reduce their percentage of weight. In total, 198 pounds were lost in 12 weeks, with the winning team losing 63 pounds and 32.10 % of their collective body weight! BRAVO!!!

WALK ACROSS AMERICA

Another HESS wellness initiative challenged participants to count ‘foot-steps’ converted to miles for a 12-week duration, simulating walking from one end of the U.S. to the other. Teams composed of associates tracked their progress weekly with personal pedometer logs as they walked 2,600

Feature Article



HESS volunteers in front of the Hardy School for Beautification Day.

miles, or the distance between Washington, D.C. and Irvine, California! Over 50% of the company participated in the journey, collectively walking 16,386 miles or 32,772,740 steps!

Prior to the program each participant was given a biometric screening. The same screening took place at the conclusion of the program. In order to complete the journey in a timely manner, each participant needed to walk about 3 miles per day—clearly challenging desk-sitters on some of the teams.

Why walking? Walking is an activity that everyone knows how to do, regardless of age, gender, culture, or fitness level and does NOT require special or expensive equipment. It can be done anywhere and at any time. Plus, it's a social activity that can be enjoyed by family, friends, neighbors, and co-workers.

BEAUTIFICATION DAY

For the third year in a row, about 10% of HESS associates and several of their spouses participated in the District of Columbia's Public Schools' Beautification Day. It was an opportunity to enhance D.C. Public Schools, invest time and resources in D.C. youth, and connect with the community while participating in an event that promotes wellness.

This year HESS associates rolled up their sleeves to transform the exterior of the Hardy Middle School on 35th Street, NW in Washington, D.C. (Several volunteers from HESS have done so consistently for the past three years!) Volunteers arrived early to ensure all the work completed before noon. As the crew donned garden gloves, used pruners, pushed shovels and racks, the grounds were cleaned of debris. Volunteers weeded, mulched and planted pansies. Working from one end of the school grounds to the other proved successful! One associate commented, "It was fun, it felt good and it was an opportunity to give back to the community!"

HESS volunteers in front of the Hardy School for Beautification Day

Activity-oriented events like HESS' Wellness Program inspire learning about the benefits of wellness, through



A flu shot is administered to a Hess associate at the annual Wellness Fair.

active participation. And activity-oriented, hands-on events enhance the health and wellness of HESS associates, while demonstrating the company's commitment to its personnel.

HOW TO START A WORKSITE WELLNESS PROGRAM

There are several web sites that offer instruction to firms looking for best practices on how to develop a wellness program. Some give tips and warnings and suggest the return on your investment is huge. Remember, results take time to validate. Read carefully, and always be sure to consider what works best for your organization. Good luck and enjoy! **B**



Michelle Honey, FAIA is a member of the WBC Marketing and Communication Committee and Vice President, Development of Educational and Institutional Services for HESS Construction + Engineering Services of Gaithersburg, Maryland and Washington, D.C.

WBC Craftsmanship Awards 2011 Hall of Fame Inductees

Beri Bonacic
Concrete

Anthony Davis
Mechanical

Regis J. Studeny, Jr.
Masonry

Mark D. Bougher
Sitework

Member Projects



Left and right: Foulger-Pratt Contracting awarded Phase II renovations at Workhouse Arts Center at Lorton.



Foulger-Pratt Contracting has been awarded the **Phase II renovations for the Workhouse Arts Center at Lorton**. The master plan for the multi-phased project entails the adaptive re-use of the former DC Lorton Correctional Complex into the Workhouse Arts Center. The facility will integrate history, arts, education and recreation with dedicated facilities for artist studios, community involvement and education. Phase I of the project is complete and entailed rejuvenating 10 historic buildings. Phase II entails the interior renovation and restoration of eight buildings including a 23,000 square-foot Conference & Event Center, a 7,500 square-foot Children's Art and Education Center, and a 12,000 square-foot Premier Theater for live performance theatre, dance and music. The LAF Phase II groundbreaking ceremony took place on December 21, 2010 at the Workhouse Arts Center, with Governor Robert McDonnell and Fairfax County Board of Supervisors Chairman Sharon Bulova, among the dignitaries and guests.

Foulger-Pratt Contracting is also pleased to announce the award of two new projects. **Frederick Community College** awarded Foulger-Pratt Con-

tracting a contract for the construction of a new 350 space precast parking structure on their campus in Frederick, MD. The project will be completed in a design/construction collaboration between Proffitt + Associates Architects, Walker Parking Consultants, Fox + Associates Civil Engineers, Specialized Engineering Geotechnical Engineers, Frederick Community College and Foulger-Pratt Contracting. Construction is slated to begin in the Summer of 2011 after completion of the design. Chef Mike Isabella awarded Foulger-Pratt Contracting a contract for the interior build-out of the new Graffiato Restaurant near the Verizon Center in Washington, DC. The Italian-inspired restaurant featuring seasonal, artisanal small plates and pizzas is owned by several investors including Chef Isabella, a recent Top Chef Season Six contestant, and current Top Chef All Stars participant. This is the same investment group that owns Volt Restaurant in historic Frederick, MD. Charlie Perla, of DMS/Perla Architects is the architect for the Graffiato interiors. Graffiato is scheduled to open in Spring 2011.

SIGAL Construction Corporation is currently underway with construc-

tion of the **New York University Constance Milstein and Family Academic Center**. Located at 1307 L Street, NW, the new facility for NYU will establish their permanent presence in the nation's capital, and expand NYU's network of study sites around the globe. The structure will house both dormitories and academic/administrative space and comprise 12 levels of cast-in-place concrete with three below-grade and nine above. The building will serve a variety of functions. Lower levels will feature seminar rooms, meeting spaces, and offices, as well as a 200-seat auditorium and an expansive lobby that will double as a student lounge and venue for public events. Above, there will be five floors of dormitories and a few visitors' apartments. Importantly, the building will embrace NYU's commitment to sustainability, targeting LEED® Gold certification. Overall construction schedule is 18 months with delivery set for Spring 2012.

Additionally, SIGAL is currently completing the preconstruction phase of **The American Institute of Architects (AIA) District Architecture Center**. Located at 421 7th Street, NW, the new downtown location will provide AIA

Member Projects

with a state-of-the-art facility to educate and celebrate the architecture of Washington, DC and the world. The design abstract was selected by a team of jurors who reviewed numerous “blind” entries prepared/proposed by many Washington-area architectural and design firms. The facility will have a raw-look with exposed beams, concrete, steel, and glass. The design will feature a recessed wood floor, glass walkway, new elevator, new staircase, millwork slat panels, and a two-level glass-enclosed conference/classroom with adjustable partitions. The expandable glass conference room is the centerpiece of the design and will allow easy adaption to different class sizes. The entire concrete slab will also be reinforced due to the large amount of structural work being performed. Importantly, the building will embrace AIA’s commitment to sustainability, targeting LEED® Platinum certification. The 13,000 square-foot center will utilize the first two floors of the building. Construction is set to begin Spring 2011 with delivery set for Fall 2011. **B**

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WBC Calendar & Advertising Information

Events Calendar

March

- **March 15**, 5–7:00 p.m.
St. Patrick's Membership Party
McGinty's Public House, Silver Spring, MD
- **March 19**, 10:00 a.m. – 12:00 p.m.
WBC Community Service
Food & Friends, Washington, DC
- **March 25**, 5:00–9:30 p.m.
Craftsmanship Awards Banquet
Marriott Wardman Park Hotel, Washington, DC

April

- **April 16**, 10:00 a.m. – 12:00 p.m.
WBC Community Service
Food & Friends, Washington, DC
- **April 27**, 4:00–6:00 p.m.
Board of Directors Meeting
WBC Offices, Washington, DC

May/June

- **May 21**, 10:00 a.m. – 12:00 p.m.
WBC Community Service
Food & Friends, Washington, DC
- **June 13**, 8:00 a.m – 4:30 p.m.
Annual Summer Golf Outing
Lansdowne and Belmont Golf Clubs, Va.
- **June 22**, 4:00 – 6:00 pm
Board of Directors Meeting
WBC Offices, Washington, DC

2011 Editorial Calendar

The **Bulletin** covers issues of importance to the building industry, news about WBC members and information about upcoming events. The topics listed below will be covered as feature articles in upcoming issues of the **Bulletin**. Persons interested in contributing information or advertising should contact WBC before the third week of the month preceding the issue. To place an ad, submit material or for more information call **(202) 293-5922**.

January

Members Giving Back

Feb./Mar.

Wellness in the Workplace

April

Craftsmanship Awards

May/June

Big Development Projects

July/August

Institutional Development

September

TBD

October

TBD

November

TBD

December

TBD

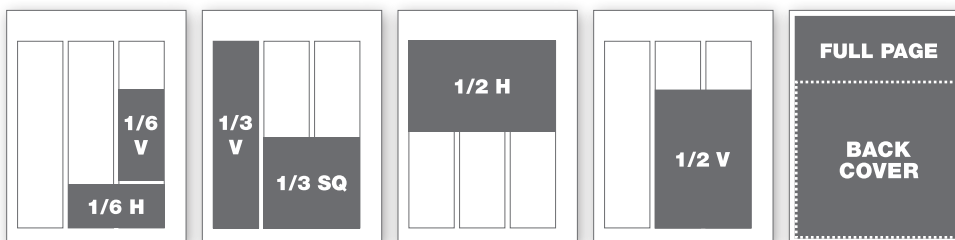
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Inside Back Cover	\$730	\$590	\$480
Back Cover	\$830	\$670	\$540

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Full-page + bleed	8.5" w x 11" h +125" bleed



*Ruppert Companies
new headquarters in
Laytonsville, MD.*

Project Highlight

WBC member, Ruppert Companies, received LEED certification for its headquarters in Laytonsville, MD. Ruppert met LEED requirements using hybrid vehicles and offering alternative transportation; recapturing rainwater; installing a green roof; using low-flow plumbing; using low-emitting materials in all sealants, paints and carpeting; controlling lighting with motion detectors; and using alternative fuels, such as internally-generated waste oil and renewable energy sources such a 220 Kw ground mounted solar system totaling one third of an acre. "We believe a healthier, greener environment is a more productive environment," says Ruppert's CEO Craig Ruppert.

DC Addresses Energy Efficiency Issues

Washington, DC recently released one of the first municipal surveys of public buildings in the country. Benchmarking

performance of 194 public buildings in the city, the survey revealed that many of the buildings performed below or significantly below comparable buildings nationwide. The Department of Real Estate Services will conduct 260 energy audits in 2011 and 2012.

The District will expand ENERGY STAR benchmarking to private buildings beginning in 2011. "These proactive measures will save the District a lot of money in the long term," says Christophe A.G. Tulou, Director of District Department of the Environment. Owners of private buildings over 200,000 sq ft will be required to submit energy benchmark results for their buildings starting in 2011, for energy performance in 2010. Size requirements will become progressively smaller each year, until all private buildings over 50,000 sq ft are required to be benchmarked by the District.

For more information on the District's energy benchmark initiative and to view the results of the District's analysis, visit <http://green.dc.gov/green/cwp/view,a,1235,q,463697.asp>.

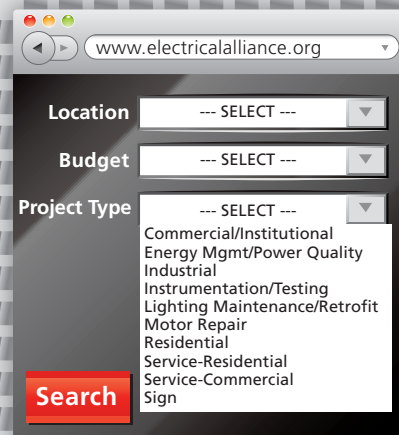
Maintaining Your LEED Credential

Green Building Certification Institute's (GBCI) Credential Maintenance Program (CMP) is designed to help LEED Professionals stay current with developing changes and practices related to sustainability in the building industry. Under CMP, all LEED Professional Credentials must be maintained through continuing education hours on a 2-year cycle. For additional information, visit http://www.gbci.org/Files/cmp_guide.pdf. Watch the Bulletin's Green Building Highlights page for information on opportunities to receive free Continuing Education credits. **B**

To have your firm's Green Building achievements highlighted on this page, please contact Winona Leaman at wleaman@gpinet.com. Your topic suggestions and comments are also appreciated.

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